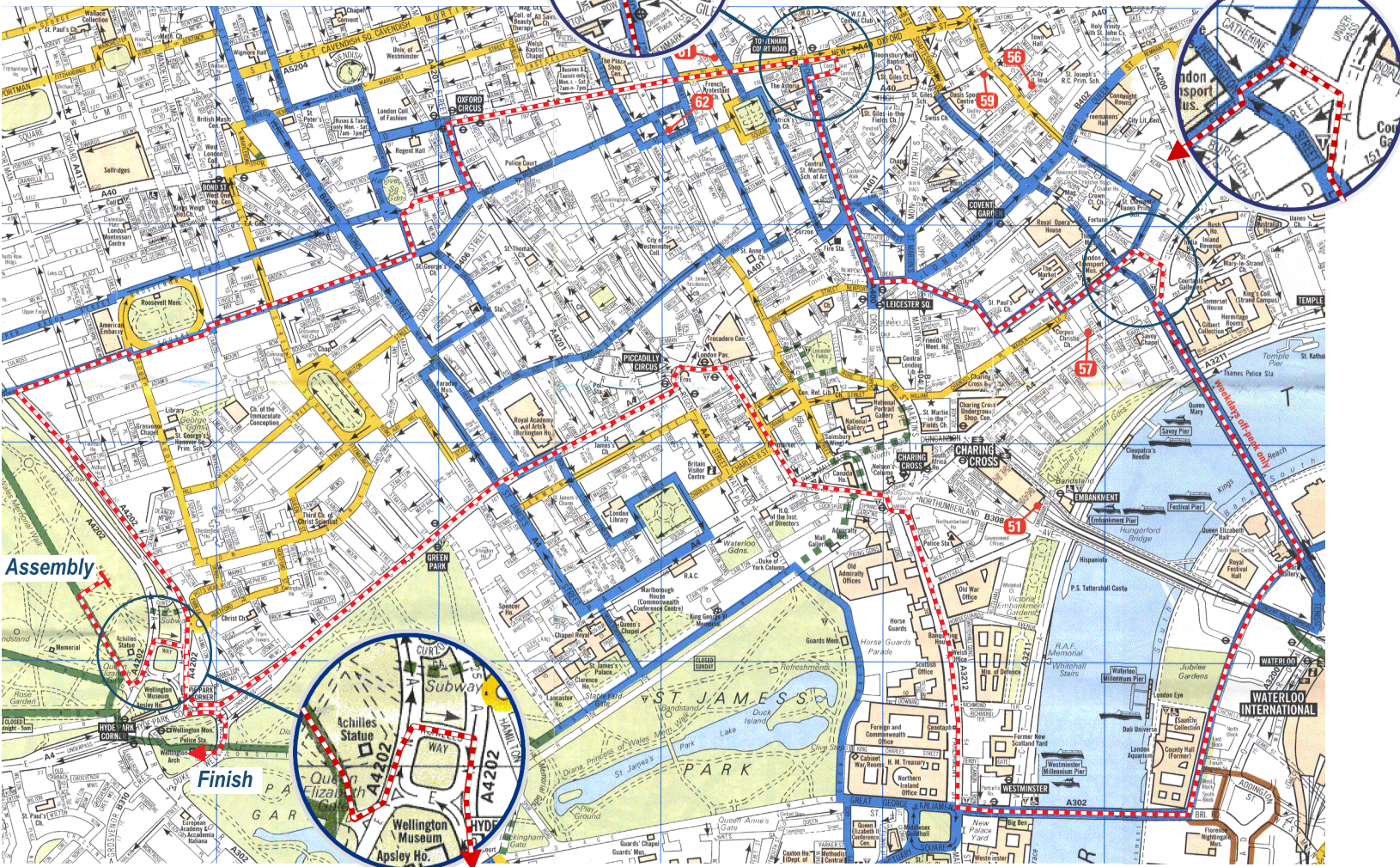


Near north end of Charing Cross Road, turn right to circle Centrepoint building and thence into Oxford Street.

At north end of Waterloo Bridge, turn into Aldwych, then first left. Around Covent Garden, some streets are cobbled, so please take special care.



ASSEMBLE at 3:00 in Hyde Park just north of Hyde Park Corner, for departure at 3:30. The assembly area is the grass area bounded by the statue of Achilles, Broad Walk, Lovers' Walk and the trees to the north. Please do not spill onto these major paths during assembly. Stewards will help if you have questions, and you can collect ride leaflets from them. PLEASE DON'T RIDE YOUR CYCLE ON THE GRASS IN THE PARK — CYCLING IS PERMITTED ONLY ON THE PATHS. We will make announcements by loudhailer before moving off, and stewards will then signal to start. Be sure to collect your belongings (and rubbish), then push your bike onto Broad Walk. Banners should be fixed to bike or body as Park regulations prohibit handheld banners. Upon exit from the Park through Queen Elizabeth Gate, the 2008 London WNBR officially starts, and heads towards Piccadilly by way of Park Lane (northbound), Achilles Way, Park Lane (southbound), and NOT through the Decimus Burton screen (arches) next to Apsley House. RIDE FINISH is at the now traditional location: streaming through Wellington Arch between 5:00 and 6:00. If you have friends meeting you, this is where they should wait.