

London WNBR 2015, West Norwood start

West Norwood to Vauxhall Bridge

From 56-58 Knights Hill turn left and go down Knights Hill.

Proceed along Norwood Rd to Tulse Hill Bridge.

Move to the right side of the road (as we will go down the bus lane).

Proceed down Norwood Road to Brockwell Park Turn left at Dulwich Road.

Follow along Dulwich Road to the junction with Effra Road and turn right.

At the bottom of Effra Road we enter the one way system of Brixton we need to keep to the middle of the road as we turn left.

At the end of the road we will turn right onto Brixton Road.

As we turn right onto Brixton Road we need to keep to the second lane (left lane turns left to Acre Lane). Carry on down Brixton Road till we reach the first main junction on the left Stockwell Road.

Turn left onto Stockwell Road. Follow the road till it reaches the junction with Clapham Road and we will turn right.

As we turn right onto Clapham Road we need to keep to the left as we will continue along South Lambeth Road. Follow this road to the top when it meets with the Vauxhall one way system Parry Street, follow the road round to the left and keep in the middle of the road as we will turn right at the junction with Nine Elms Lane.

As we turn left, keep to the left lane as we will turn left over Vauxhall Bridge.

Vauxhall Bridge to Westminster Bridge

Turn right onto Millbank, joining cycle superhighway CS8.

Follow this to Lambeth Bridge, where CS8 finishes.

Keep to the left hand lane on the roundabout and take the second exit onto Millbank.

Continue along Millbank until we reach Parliament Square.

Initially, stay in the left hand lane, then both lanes will merge into one. When they split again, move into the right hand lane.

Turn left onto Parliament Square.

On the first side (going west), there are 4 lanes. Get into lane 3 (counting from the left).

On the second side (going north), there are 4 lanes. Stay in lane 3.

On the third side (going east), there are 5 lanes. Stay in lane 3.

Continue straight ahead onto Bridge Street, with Big Ben on our right.

This has 3 lanes: stay in the middle lane.

Continue straight ahead onto Westminster Bridge, using the bus lane if possible.
This is where we merge routes with the northern start points, although we may not actually see them yet.

Westminster Bridge to Lincolns Inn Fields

Continue onto Westminster Bridge Road.

NB There's a turning on the left for Belvedere Road. Unlike previous years, we're **not** turning left here, so continue straight ahead.

At the end of the road, turn left onto the bus lane that leads to York Road.
(We don't have to go round the "backwards roundabout".)

Continue along York Road.

NB Unlike previous years we aren't turning left into Forum Magnum Square.

If any (non-cycling) photographers want to take pictures, the footbridge over York Road would be a good place to stand: you will see everyone pass underneath without obstructing us.

At the end of the road, turn left onto the roundabout with the IMAX in the middle, then take the first exit onto Waterloo Road, going into the bus lane.

Continue across Waterloo Bridge, staying in the bus lane.

At the far end of the bridge, move into the right hand lane on Lancaster Place when you go past the entrance to the underpass.

NB We aren't going through the underpass!

Turn diagonally right onto Alwdych. The road splits in half, so we need to be in the right half (labelled as "CITY"), but keep to the left (next to the traffic islands in the centre).

At the traffic lights, the road splits into 3 lanes. Stay in the left lane.

Past the traffic lights, keep left. The road will split in half again, and we need to be on the left. When the left half of the road splits into two lanes, get into the left lane.

Turn left onto Strand, which becomes Fleet Street.

Take the first left onto Chancery Lane.

(This currently has scaffolding around it, so it's not easy to see the road name until you're on top of it.)

Take the first turning on the left onto Carey Street, going past *The Knights Templar* pub on your right.

Take the second turning on the right onto Serle Street.

Turn left into Lincolns Inn Fields, and go all the way around the square (or until you meet other cyclists).

We will have a rest break here, and there are toilet facilities. Keep to the side of the road, and leave a lane clear for other traffic to get around the square.

Lincoln's Inn Fields to Wellington Arch

When everyone is together (from all 6 start points), we will leave from the north west corner of the square, turning left onto Remnant Street.

Go across Kingsway into Great Queen Street.

NB We need to get everyone across Kingsway as quickly as possible, because we'll be blocking traffic from 2 directions, so please make a special effort to stay together. Also, once we get into Great Queen Street, there's only a single lane of traffic in each direction so make sure that you keep to the left.

Go across Drury Lane, continue straight ahead into Long Acre. You will pass the Brompton Junction on your left.

At the end of the road, turn left onto Bow Street, which becomes Wellington Street.

NB We are going past Covent Garden and not entering it!

Take the third turning on the right onto Tavistock Street.

At the far end of the road, turn right onto Southampton Street, then follow the road around to the left onto Henrietta Street.

At the end of the road, turn left onto Bedford Street.

At TGI Fridays, turn right onto Chandos Place. Follow this road around to the left.

At the junction, turn right onto William IV Street.

Turn left onto St Martin's Place.

There are 2 lanes: keep to the left.

Follow this road to Trafalgar Square.

As you pass the junction to the Strand, the road splits into 3 lanes, so move into the middle lane. (The leftmost lane is left turn only.)

Go past Northumberland Avenue and Whitehall; take the third exit onto The Mall.

Pass through Admiralty Arch, and continue up the Mall past Buckingham Palace.

When we reach the bottom of Constitution Hill, move off the road onto the cycle path (right hand side).

One of the marshals will be standing on the pavement with a flag. Anyone who wants to do a return ride to West Norwood or Tower Hill should move there; everyone else should continue up the hill to Wellington Arch.



NB There is a fountain off to the side in Green Park. This is the Canada Memorial, which was built in tribute to the Canadian citizens who died in wars, so please don't do anything disrespectful (e.g. standing on it or paddling in the water).